

2008 SBA GIRLS SOCCER

The first step toward creating an improved future is developing the ability to envision it. VISION will ignite the fire of passion that fuels our commitment to do WHATEVER IT TAKES to achieve excellence. Only VISION allows us to transform dreams of greatness into the reality of achievement through human action. VISION has no boundaries and knows no limits. Our VISION is what we become in life.

DEMANDS:

- 1) You will respect the coaching staff, not because of who we are, but because the office of coach deserves your respect. The coaches will do our best to earn your personal respect.
 - a. Unacceptable Responses are as follows: rolling eyes, flipping the head, walking away, arguing, getting in the last word, pouting, **whining**, or staring down.
 - b. Acceptable Responses: Yes ma'am/no ma'am, yes sir/no sir, yes coach
 - c. Legitimate questions about decisions, instructions, or "a good chewing out," is an acceptable response as long as it is done with a good attitude; and, if asked at the proper time.
 - d. If you have any questions about playing time, your role on the team, where you stand as a player, or anything troubling you, feel free to ask and you will be treated with respect and provided an answer. **Such questions should NOT be brought up before, during, or after a game.**
- 2) You will respect each other's property, feelings, and opinions.
- 3) **You will show respect to your opponents, referees, and other school administrators.**
- 4) You will represent St. Benedict, your parents, your coaches, and yourself well. Conduct yourself with dignity, integrity, and sportsmanship.
- 5) You will love each other. We don't mean that you must like each other and hang out together, although that is a plus. We mean that you will support, encourage, defend, and cheer for each other. We want you to see the success of your teammates as your success, and just be happy for them as you would for yourself. The Bible says that real love is making a decision to do what is best for the other person.

If we are to be a successful team, we have to be a "team" before we can be successful. Only by loving each other can we be a real team. If you want to win, you'll have to love your teammates the way God loves us=unconditional acceptance and self-sacrifice. Demonstrate loyalty.

- 6) You will wear proper attire, in our opinion, not fashion magazines or anyone else's. Working out in sports bras and short shorts is not properly attired. Current fashion is not our goal as a soccer team, so dress with taste and decorum. If you are in doubt, ask your Dad or another male role model.

EXPECTATIONS: We expect...

- 1) You will be present at meetings, practices, camps, workouts, and games.
- 2) You will be on time.
- 3) You will not make excuses but take responsibility.
- 4) You will work hard.
- 5) You will be warmed up, stretched, and mentally ready to practice or play before the start time.
- 6) You want to be the best player you can be, and will pay the price to be.
- 7) You will be coachable.
- 8) You want to be a part of a successful team.
- 9) You will be willing to sacrifice self for the good of the team, "team first, me second."
- 10) You will win and lose with grace and humility.
- 11) Seniors lead by example and to take active responsibility for helping young players make the adjustments necessary to be successful players. **What you leave behind after graduation is your legacy, how do you want to be remembered? Will the program be improved after you are gone, or will everyone be happy you are gone? Build the foundations for success and help to create something that you will always remember.**